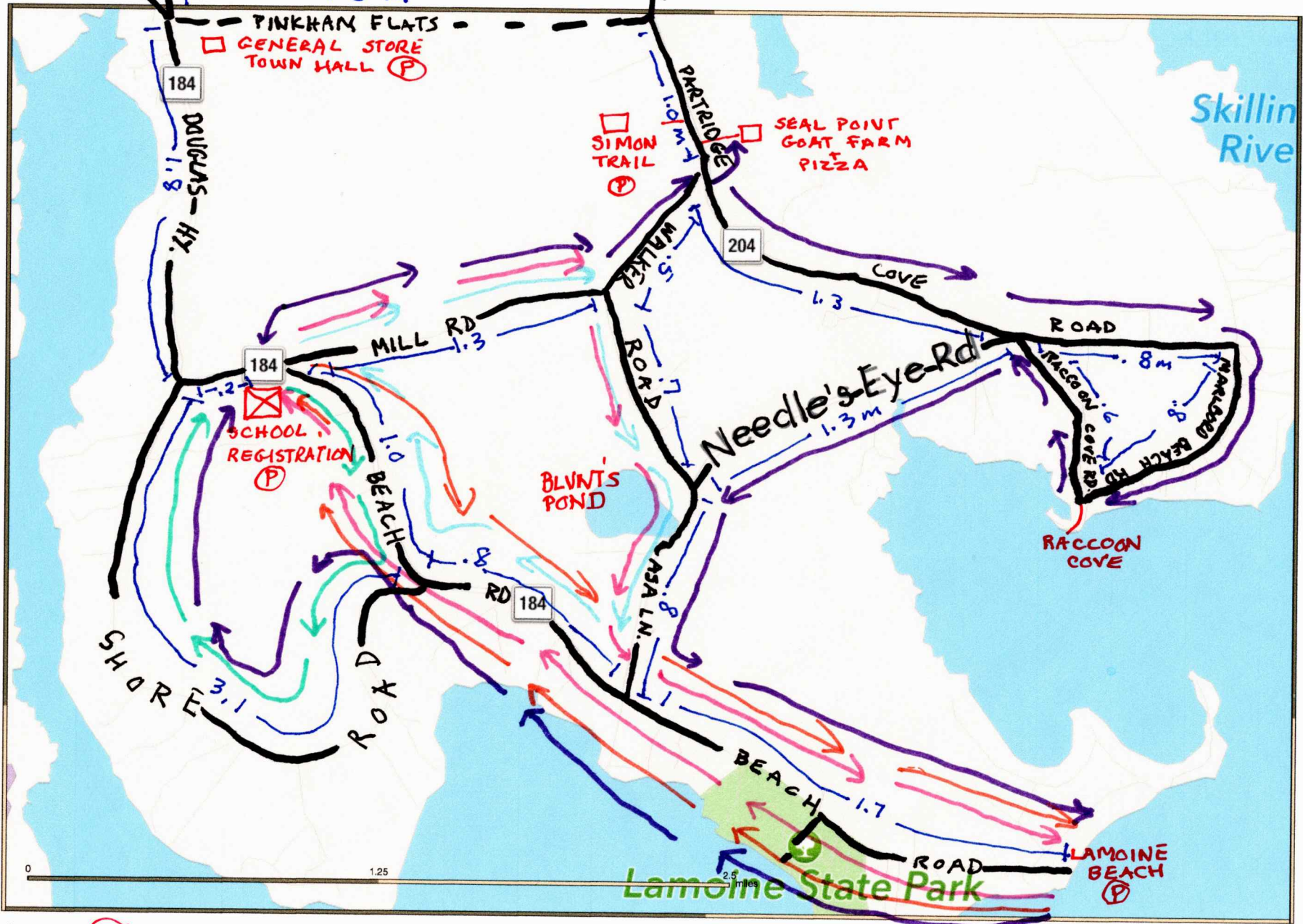


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KEY: (P) PARKING  
□ POINTS OF INTEREST  
⊠ SCHOOL / REGISTRATION

ROUTES: (SEE BACK FOR DETAILS)  
A ———  
B ———  
C ———  
D ———  
E ———

# SLOW RIDE SUNDAY

**EMERGENCY:** Injury, **CALL 911**

Mechanical problem, 802-236-0877

**ROUTES:** (all routes start and end at the Lamoine School)

A: Mill/Walker/Asa/Beach	4.6 miles
B: Beach/Shore	4.1
C: Mill/Walker/Asa/Beach/Beach	9.5
D: Beach/Beach	7.0
E: Mill/Walker/P.C./Marl.Beach/Rac.Cove/ NeedleEye/Asa/Beach/Beach/Shore	15.7
Goat Farm Pizza/Simon Trail	2.0 (from school)
Full circumnavigation (not recommended)	18.5

**RULES OF THE ROAD:**

Bikes ride on the right side of the road.

Use hand signals when turning.

Obey traffic signs. **STOP AT STOP SIGNS!!**

When in a group try to have experienced riders at the front and the back and ride single file.