



Lamoine Committee on Aging

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Meeting notes March 10, 2023

Attending: Jo Cooper, Mary Jude, Sally Smith, Iris Simon
Guests: Barbara Bland representing The Grange & Troop 1008 Girl Scouts Jr.

Jo made a motion to approve the [February 10, 2023 minutes](#), Mary seconded. Jane McMullen has been appointed to this committee. We will share minutes, agendas and notices with her while she is out of town.

LAMOINE TOWN MEETING HANDOUT.

Mary and **Jo** are designing the cover page of the Resource List. It will include the Mission Statement, a welcome to join the committee, meeting dates and a revised graphic/photo.

Mary will make the addition of Sr. Farm Share to the resource list. Stu will print on Monday, **Sally** and **Jo** will assemble. **Sally** will handout at the Town Meeting on the 15th.

OLD BUSINESS

Iris is in contact with Todd at Simon's Farm. Sign up is in April. She will have more information at the next meeting.

Mary, Jo & Iris attended the "Longevity-Ready" Community webinar. Brief comments were shared. When the recorded version is available **Jo** will send to Sally & Jane.

CRIBBAGE AT THE GRANGE

Barbara Bland, representing The Grange, said that the Grange is now heated and open in the winter. The Grange will host a couple of cribbage afternoons, we are welcome to organize more.

WELCOME TROOP 1008 GIRLS SCOUTS JUNIOR

4 members of the troop along with Jennifer Ashmore, co-leader joined the meeting at 1:45.

The girls are tasked with solving a problem in Lamoine. The girls presented their plan to bring young and old together in early June for a social called Sunshine, Tea & Talent. Anyone is invited to come on stage at the Grange and present a talent i.e. singing, playing an instrument, telling a story, etc. The troop plans for this to become a yearly event.

Our Committee has volunteered to help with publicity, transportation and food.

Stu took photos of the scouts and has asked **Jo** to write an article for the April Lamoine Qtly.

SOCIAL MEDIA & TOWN WEBSITE

Jo will set up a Lamoine Committee on Aging Facebook page so that we are able to post notices of events, needs, etc. **Jo** will be the designated "manager".

Stu showed us the Lamoine website and the location under Boards and Committees where our event notices, meeting agendas, and minutes will be posted. He will post the Resource List with links ex. SeniorFarmShare.AGR@maine.gov to make it easy for people to get more information.

OTHER

Barbara suggested that we assemble a list of groups that already exist in Lamoine, their services and their needs.

Sally suggested that we assemble a list of easy places to walk in Lamoine.

Next Meeting: Friday, April 14

Suggested agenda Items: Survey, Book Exchange, Garden Share.

Minutes submitted by Iris Simon