



## Lamoine Committee on Aging

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### Meeting notes January 13, 2023

Present: Committee members, Jo Cooper, Mary Jude, Iris Simon

Regrets: Sally Smith, Comm. member

Guests: Barbara Bland representing The Grange/LCA and Candy Eaton representing Age Friendly Sullivan

December 16, 2022 minutes approved.

**The Grange/Lamoine Community Arts (LCA)** is very open to sharing the space as our Community Center. The Building is now heated during the winter months. LCA (presently Anne Stocking) is in charge of booking the rentals. LCA stages a Spring and Fall production. When booking the space one needs to book around those dates. Currently the Girl Scouts meet there on a regular basis. The group will be hosting the "Flat Top" race this spring and planning a day of cribbage possibly in March. Barbara and our Committee suggested many other events that could be held that bring people of all ages together i.e. bring back Pot Luck Music and a repeat of Historical Society programs.

*Follow up from Barbara about grange use that was received a few days after our meeting: "Since LCA leases the grange they are the ones to get in touch with to discuss availability etc. when you are ready to move on implementing it or just to talk about it. I have told Carol about your interest. The president is Carol Mason and her email is [cm\\_mason@msn.com](mailto:cm_mason@msn.com)."*

**Age Friendly Sullivan** started app. 5 years ago. Funding was by donations, grants especially the Maine Community Foundation. The group is now part of the Town of Sullivan budget process with other grants written for specific wants. They meet at the Sullivan Town Hall meeting space. The organization began by sending a survey to all residents of Sullivan asking what is needed. They learned a great deal via that survey and also found people that were not active and fairly "unknown" in the community. Candy talked about the many programs that are now available to residents and "manned" by volunteers. The group strives to provide to work with all ages, not only the elderly. They use social media a lot. They established a Facebook calling tree to check on residents, especially during power outages etc. Candy shared a Tax Aid flyer with us. Jo is familiar with the models and resources that Sullivan used.

Other business:

**Sr. Farm Share:** Iris shared information regarding the program. She will follow up with Todd Simons at the end of February, after he receives the paperwork from the state.

**Additional Comm. members:** Mary and Jo plan to attend a lunch get together at the church to let people know about this committee and possibly recruit additional members.

**March Town Meeting:** We should have the Resource List ready for distribution and information on the Sr. Farm Share program.

**Resources for older people who live alone i.e. well-being checks:** It was suggested that we invite someone from the fire dept. to one of our meetings since they may have information to share.

**Next Meeting: Friday, February 10 at 1pm.**

Agenda for 2/10: Jo will invite Cynthia Donaldson

Finalize Resource list for Town Meeting

Discuss a survey

Submitted by Iris Simon