



Lamoine Committee on Aging

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MINUTES JUNE 9, 2023

PRESENT: Jo, Mary, Jane, Nancy, Barbara, Iris
Regrets: Sally

Jane made a motion to approve [minutes from May 12, 2023](#), Mary seconded.

GUEST: MOUNT DESERT NURSING ASSOCIATION

Amy McVety MS,RN Executive Director
Angela Balacco MS,MPH Public Support
Katie Verville MS,OTR/L Clinical Manager

The Association has recently added Lamoine and Trenton to their service area. They currently employ RN's, Physical Therapist and Occupation Therapist. The group offers in-home care to manage medication, wound care, catheter management among many other services. The OC and PT staff work with clients to assure that a client can safely be at home especially after a hospitalized event. The Association has a complete "loan closet" at their Northeast Harbor location. They have had a 70% increase in calls since 2022. They need to increase the staff. Most services are reimbursed by Private Insurance and Medicare. Some services do not qualify and are self-pay.

Private donations, direct mailings in the spring and fall and a golf tournament help to support the organization.

The Association has asked the Aging Committee to help in getting the word out to Lamoine residents regarding the services offered here in Lamoine. Our committee could schedule the group to perform blood pressure screenings at a Lamoine event to help in promotion. The group could also use volunteers from Lamoine.

NEW BUSINESS: WHAT SHOULD LCOA FOCUS ON FIRST? WHAT IS MISSING FOR OLDER PEOPLE IN LAMOINE?

NEEDS ASSESSMENT? It was suggested that a mini survey could be placed in the Lamoine Quarterly. Jo will continue to research.

Barbara asked the status of "Meals on Wheels" and other sources of food. Eastern Agency on Aging does frozen pre-cooked meals for those that qualify. USDA Commodities are also available to those that qualify. They are distributed at the Elks Club. Jo has the contact information.

OLD BUSINESS

LAMOINE GIRL SCOUTS PROJECT SUNSHINE TEA. Very well attended, delightful afternoon. The event brought all age groups together. Iris will send a card to the troop offering our help for the 2nd Annual Sunshine Tea and Talent next year.

GARDEN SHARE TABLE: Still in discussion stage. Would it conflict with Chuck who sells vegetables?

RESOURCE LIST: Mary will add Mount Desert Nursing Association to the list.

LCOA COMMUNICATIONS: LAMOINE QUARTERLY, TOWN WEBSITE, FACEBOOK PAGE: A reminder to send a photo to Stu to add to the committee listing on the town website.

We will not meet in August.

NEXT MEETING DATE: JULY 14, 2023 Jo will invite a representative of the Lamoine Conservation Comm.

We will begin to plan our fall Senior Hike.

Submitted by Iris Simon, Secretary