



Lamoine Committee on Aging

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Minutes, September 8, 2023

PRESENT: Jo, Mary, Barbara, Sally, Jane, Iris

Regrets: Nancy P.

GUEST: Vicki Peterson, visitor. Cathy Goebel, Lamoine Parks Commission, Chair.

Sally made a motion to approve the [minutes from July 14](#), Barbara seconded.

Jo had another commitment and would need to leave early so we finalized plans for our Sr. Walk at the Whitcomb Woods scheduled for Sunday, Sept. 17. **Cancelled, because of weather.**

The flyer, designed by Jo, was approved with the addition of an end time of 2:00 p.m. **Sally** will bring table covers and water. **Iris** will bring a registration sheet and extra paper and pencils so participants can give us feedback and suggestions for other events.

Committee members will bring snacks.

Jo will determine if the walk needs to be cancelled at **Noon on Saturday** and post the notice on social media. **Update: Because Hurricane Lee was forecast for the weekend, Jo cancelled and rescheduled the walk for October 8.**

GUEST: LAMOINE PARKS COMMISSION, Cathy Goebel, Chair

Lamoine has 4 parks that are overseen by the Parks Comm. Marlboro Beach, Lamoine Beach, Bloomfield Park and Whitcomb Woods.

All of the parks have bathroom facilities. The commission has a loyal group of members along with friends who maintain the very busy parks. The Commission plans special events thru-out the year. Star Gazing at Marlboro Beach is scheduled for Saturday, Sept. 9th. The Parks Comm. along with the friends and members of the Girls Scouts is putting work into the trails at Whitcomb Woods. The "Grand Opening" is scheduled for Sept. 30.

Last year a group of concerned residents had a discussion regarding the many walkers and bikers who are not visible on our roads. Cathy had come up with the slogan "Wear something Bright to Stay in Sight". We had some publicity but need to reopen the initiative.

Our committee would like to research printing lo-cost vests to sell which would be imprinted with the slogan. **Iris** will contact the school art teacher to see if they would be interested in designing a logo.

OLD BUSINESS:

In a previous meeting we had scheduled another Sr. Walk for October 15th at the State Park. Because our next scheduled meeting is on Oct. 13th we will need to plan the walk using input from the walk at Whitcomb Woods.

NEW BUSINESS: There was a discussion regarding other walking areas in Lamoine. **Sally** will research who the contact is for The Coleman Woods. **Iris** will research the property on the Shore Rd., across from Mary.

TASKS FROM THE COMPREHENSIVE PLAN 2019

The committee determined that we would continue to have discussions on how to implement the wishes of the community.

Recreational

Our committee is making progress in scheduling events that involve families and also seeking out places and activities to offer recreation for older people.

Transportation

Transportation for those that are unable to drive requires many issues. Sally suggested that since Friends in Action in Ellsworth has set up training, addresses liability etc. Lamoine should use their services? Many Lamoine residents are drivers for FIA.

Housing not discussed at this meeting.

Other

A reminder that the annual Coastal Cleanup is scheduled for the coming weekend. Barbara inquired about obtaining a wheelchair for a neighbor. Suggestions were Hospice in Ellsworth and Mt. Desert Nursing Assc. in Northeast Harbor.

NEXT MEETING: OCTOBER 13, 2023 1 pm Town Hall

Submitted by Iris Simon, Secretary