



Lamoine Committee on Aging

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MINUTES 1/12/24

Call to Order: 1:04 pm

Present: Jo, Jane, Nancy, Barbara, Iris

Regrets: Mary, Sally

Guests: Amy Duym, Cynthia Donaldson from Lamoine's Little Children

Jane made a motion to approve the [December 8, 2023 Minutes](#). Barbara seconded.

WELCOME LAMOINE'S LITTLE CHILDREN:

Amy and Cynthia gave us an update on the plan to use the school library on non-school hours for programs focusing on small children. It is currently on hold because the new modular building is not ready for occupancy.

They also are working on another program for the safety of children at our Lamoine swimming locations.

OLD BUSINESS:

SAFE WALKING IN LAMOINE PROJECT:

The Town has established an account for The Committee on Aging in Lamoine. The account can be used to purchase items and deposit funds we receive.

Iris will work with Stu and order 40 reflective vests in the color green.

Barbara is assembling "Rules for the Road" which will be included the "Wear Something Bright to Stay in Sight" packet to be introduced at the Town Meeting on March 13. Peter F. found and approved a bike map on the Lamoine website that had been designed by Greg Stone a few years ago along with rules for biking.

Iris will check with Mary regarding the size of the bag that she is donating for our "packet". **6"x8" see thru zip lock.**

Jo has reached out to Lee Cline and her husband who have agreed to design a logo for the initiative.

PARTNERS: GIRL SCOUTS, CONSERVATION COMMISSION, PARKS COMMISSION, OTHERS?

These partners were contacted last month giving them details regarding our safe walking project.

PUBLICITY, PACKETS, TOWN MEETING MARCH: No further updates.

VOLUNTEER DRIVER TRAINING: Because Jo has a conflict, the date has been changed to February 9, 2024, the snow date would be the next week. **Jo** will do the PR.

COMMUNITY FAIR APRIL 5: The Grange has dress rehearsal the evening of April 5th. LCA is also doing renovating in the basement so it was decided that we would delay the Community Fair until September.

Barbara will check with Carol Mason to establish the best date that would not have any conflict with their productions. Further discussion regarding the fair will be held at future meetings.

NEW BUSINESS:

Mary had forwarded an article from the Maine Council on Aging (MCOA) that they had received a 1.3 million grant from Hannaford to launch the CONNECTION, HEALTH & EQUITY THROUGH FOOD (CHEF). The grant(s) would be used to improve older people's access to food and social connection.

Because Jo has a relationship with MCOA she will assemble the information and ask **Mary** to submit. **Jo** will also share this information with Amy and Cynthia from Lamoine's Little Children.

OTHER: Jane let us know that The Lamoine Baptist Church will again be hosting the "Snowflake Luncheon" at the church on Saturday, January 20th at 12:00 noon. The luncheon has become a very popular event here in Lamoine. The Girl Scouts are the servers.

Nancy spoke regarding how hard it was to get help i.e. mowing, snow removal etc. The group again discussed the need for a list of people in Lamoine that are insured, licensed and available to do such work. Iris will add to the list of "ideas" that are discussed by this committee.

Meeting adjourned at 2:05.

NEXT MEETING DATE: FEBRUARY 9, 2024

Submitted by Iris Simon, Secretary

THE IDEA LIST:

- Assemble a list of licensed, insured people who are available for small jobs i.e, mowing, snow shovel etc.
- Lamoine Little Children /reading to small children
- Re-run some of the previous Historical Society programs ex. Bar Harbor Fire Safe Driving for seniors
- Social lunches
- Cribbage at The Grange
- Well-being checks in our neighborhoods
- Survey of residents of what is needed
- Garden Share
- Repeat walk at Whitcomb Woods
- Walk at The State Park
- Book Exchange (mini library)
- Education regarding calling 911
- Tai Chi in Lamoine
- Poetry Walk (similar to story walk) at Whitcomb Woods.