



## Lamoine Committee on Aging

606 Douglas Hwy  
Lamoine, ME 04605  
(207) 667-2242

[town@lamoine-me.gov](mailto:town@lamoine-me.gov)

### MINUTES February 9, 2024

**Call to Order:** 1:03PM

**Present:** Jo and Nancy on Zoom. Sally, Jane, Mary & Iris in person.

**Regrets:** Barbara     **Guest:** Faith Perkins  
Jane made a motion to approve the January 12, 2024 Minutes. Sally seconded.

**WELCOME: Faith Perkins, guest**

Faith talked about her recent experience during the 2 storms we had when her neighborhood was without power for many days and the road was blocked with downed trees. She helped get water to neighbors, hauled firewood and many other needs. She suggested that it would be good if we had some sort of plan as a neighborhood watch to deal with these types of situations in the future. The committee determined that this conversation should continue and hopefully come up with a solution.

**OLD BUSINESS:**

**SAFE WALKING IN LAMOINE PROJECT:** The safety gear (vest) has arrived, and the arm bands are due to arrive next week. We have set Friday **March 1<sup>st</sup>** as the deadline to have all the items ready to place in the packet. On that date we will meet to assemble the packets that will be available at the **Town Meeting on March 13.**

**Jo** will follow-up with Lee Cline regarding the cover insert.

**Barbara** will supply the "Rules of the Road"

**Sally** will supply the suggested walking areas in Lamoine

**Iris** will print the bike map along with the rules for biking that was designed by Greg Strong. .

**Mary** will supply the 6"x8" see thru zip lock bag.

**Jo** will do publicity and check the availability of the Town Hall for March 1.

**Sally & Iris** will set up and "man" the table at the Town Meeting.

**HANDOUTS ETC. TO BE AVAILBLE AT TOWN MEETING MARCH 13.** To be finalized at our March 8<sup>th</sup> meeting.

**VOLUNTEER DRIVER TRAINING FOR LAMOINE RESIDENTS:** **Jo** has re-scheduled for **February 28<sup>th</sup> at 1pm.** She will do publicity and invite Trenton. Friends in Action will do the instruction.

**COMMUNITY RESOURCE FAIR:** **Jo** will check with Carol Mason at The Grange to see if either Sept. 6 or 13 would work.

We will begin assembling a list of groups to invite.

Jo suggested that the fair would be open 10 am to 2 pm.

**CHEF GRANT APPLICATION UPDATE:** Jo and Mary along with Cynthia and Amy from Lamoine's Little Children have formed a sub-committee and will apply for the Hannaford CONNECTION, HEALTH & EQUITY THROUGH FOOD (CHEF) GRANT. Some of the requirements of the grants would be that the funds will address a diverse

group of people. The group suggested that a small community garden could be built. A location to be researched.

**NEW BUSINESS:**

Iris suggested that we plan another walk at the Whitcomb Woods in early spring. The committee suggested **Sunday April 21. Sunday the 28** will be the rain date. **Iris** will contact Carolyn Ackerman to make sure the interpretive signage, which was removed during the winter, will have been replaced.

**Jo** will contact Sue Hodgkins, Lamoine Historical Society regarding scheduling a Cemetery Walk in the early spring.

**OTHER:**

Meeting adjourned at 2:08.

**NEXT MEETING DATE: March 8. 2024**

Submitted by Iris Simon, Secretary

**THE IDEA LIST:**

Assemble a list of licensed, insured people who are available for small jobs i,e, mowing, snow shovel etc.

Lamoine Little Children /reading to small children

Re-run some of the previous Historical Society programs ex. Bar Harbor Fire

Safe Driving for seniors **Schedule for Feb. 28**

Cemetery Walk **Jo is contacting LHS**

Social lunches

Cribbage at The Grange

Well-being checks in our neighborhoods

Survey of residents of what is needed

Garden Share

Repeat walk at Whitcomb Woods **Scheduled in April**

Walk at The State Park

Book Exchange (mini library)

Education regarding calling 911

Tai Chi in Lamoine

Poetry Walk (similar to story walk) at Whitcomb Woods.