



Lamoine Committee on Aging

606 Douglas Hwy
Lamoine, ME 04605
(207) 667-2242

town@lamoine-me.gov

MINUTES 5/10/24

Call to Order: 1:03 pm

Present: Jo, Sally, Barbara, Mary, Jane, Iris. **Regrets:** Nancy. **Guests:** Nancy Lescynski

Tom St. Clair - The Lamoine Grange

Cynthia Donaldson and Amy Duym - Lamoine's Little Children

Kathy Baillargeon and Laura Harmon - Hospice of Hancock County

Iris made a motion to approve the [March 8, 2024 minutes](#), Sally seconded. Approved.

Update on Chef Grant Application:

Amy and Cynthia from Lamoine's Little Children along with the Chef Grant sub-comm. reported that there was enthusiasm from residents and the school regarding the plan for a "Community Garden". The application is due in May with awards announced at the end of June. The garden project is planned for 2025.

Jo is writing a letter to the Lamoine Church Council asking for approval to place the garden on their property. The raised bed gardens will involve all age groups in Lamoine and will be handicapped accessible.

Jo suggested that we appoint an advisory panel. Tom shared ideas as to how to build low-cost raised beds.

Hospice Volunteers of Hancock County: Kathy Baillargeon, director and Laura Harmon, volunteer from Hospice of Hancock County presented the many services available from the volunteer organization.

The organization offers education programs, a lending library and medical equipment loaner program.

Volunteers, who go through extensive training and screening, give companionship, respite, and support. They also serve as patient advocates when needed. Their role is to be confidential and neutral. They read to patients, listen to their life stories, run errands, and provide comfort to patients. The organization is always looking for volunteers.

OLD BUSINESS: Tom St. Clair followed up on his visit last month. The Grange members have approved the possibility of LCOA partnering with The Grange to assure its viability.

Jo suggested that our committee have a full discussion on the subject at our meeting in June.

The Grange is available for a full day on the 1st and 3rd Wednesday of each month. Jo suggested that we hold meetings there periodically. She confirmed with Stu that we could hold off-site meetings if we fully advertise the meeting.

SAFE WALKING IN LAMOINE PROJECT: Iris reported that Stu has ordered supplies which should arrive next week. She will contact the comm. to ask for volunteers to assemble the kits. After we have the new supply, we will focus on promotion using social media and the Ellsworth American along with any other opportunities.

WALK SCHEDULE: The committee decided to delay our walks until the fall.

CEMETERY WALK: The Lamoine Historical Society has scheduled a cemetery walk on **August 25**. Iris will contact Anne Stocking regarding details.

COMMUNITY RESOURCE FAIR:

We have set the date for **Sept 6** at the Grange, 10:00 – 2:00. Jo has started a letter and registration/application. Sally and Jane have volunteered to become a sub-comm. for the

project.

There was a brief discussion scheduling a program on SCAM. **Jo** will contact Sheriff Scott Kane for suggestions.

NEW BUSINESS:

It was suggested that we invite Healthy Acadia to one of our meetings. Nancy L. suggested that we have an event in the fall on fire safety before the start of heating season.

NEXT MEETING DATE: June 14, 2024

Iris Simon, Secretary



Safe Walking Kit For
LAMOINE

Reflective Gear, Map & Trail List!
Suggested Donation - \$5.00
Town of Lamoine
606 Douglas Hwy.
(207) 667-2242

THE IDEA LIST:

SCAM presentation **Jo is contacting Sheriff Kane for suggestions.**

Conversation event talking about the history of Lamoine.

Assemble a list of licensed, insured people who are available for small jobs I,e, mowing, snow shovel etc.

Lamoine Little Children /reading to small children

Re-run some of the previous Historical Society programs ex. Bar Harbor Fire

Safe Driving for seniors **Schedule for Feb. 28**

Cemetery Walk **Scheduled for August 25,2024**

Social lunches

Cribbage at The Grange

Well-being checks in our neighborhoods

Survey of residents of what is needed

Garden Share

Repeat walk at Whitcomb Woods ~~Scheduled Sunday April 21 rain date Sunday the 28th 1pm~~ To be scheduled in the Fall.

Walk at The State Park

Book Exchange (mini library)

Education regarding calling 911

Tai Chi in Lamoine

Poetry Walk (similar to story walk) at Whitcomb Woods.