



## Lamoine Committee on Aging

606 Douglas Hwy  
Lamoine, ME 04605  
(207) 667-2242

[town@lamoine-me.gov](mailto:town@lamoine-me.gov)

### MINUTES 4/12/24

**Call to Order:** 1:00 pm

**Present:** Committee members Jo, Sally, Nancy, Barbara **Regrets:** Jane, Mary, Iris

**Guests:** Tom St. Clair, Annie Crisafulli.

Nancy made a motion to approve the [March 8, 2024, minutes](#). Barbara seconded.

Approved

**GUEST:** Tom St. Clair, Master of Lamoine Grange. Tom explained the structure of Grange and how they work with LCA. Their concern is to have more Grange members or there is danger that the State Grange would close the building and sell the property (the State Grange owns it) if the grange membership falls below a certain level. They would like to join with LCOA (they feel our missions are similar). (Tom is particularly interested in a caregiver support group. And we talked about other program ideas, including a program on scams.) They are making improvements to the building (now have heat year-round) and it will be possible to have meetings there at the same time as LCA is holding rehearsals, meetings etc. upstairs, and they would welcome partnering on community projects.

Jo said we would need to discuss it further with the full committee.

#### **OLD BUSINESS:**

##### **SAFE WALKING IN LAMOINE PROJECT:**

Iris would like to order additional walking gear. Sally moved that we have Iris order up to 50 additional sets of gear. Seconded by Nancy. Approved.

##### **COMMUNITY RESOURCE FAIR:**

We have set the date for Sept 6 at the Grange, 10:00 – 2:00. Jo has started a letter and registration/application. We should send it out by June.

**CHEF GRANT APPLICATION UPDATE:** Jo and Mary have continued to work on the CHEF grant with Lamoine's Little Children.

##### **Walking Program**

Whitcomb Woods walk will be held on **Sunday April 21. Sunday the 28<sup>th</sup>** will be the rain date.

Final plans will be discussed at our April 12<sup>th</sup> meeting. (note: we subsequently decided to cancel due to not getting the word out in advance.) Jo will be meeting with the Historical Society next week and will find out what they think of the idea of a cemetery walk.

**NEW BUSINESS:** There was none,

**NEXT MEETING DATE: May 10, 2024**

Notes taken by Jo Cooper



**Safe Walking Kit For  
LAMOINE**

**Reflective Gear, Map & Trail List!**  
Suggested Donation - \$5.00  
Town of Lamoine  
606 Douglas Hwy.  
(207) 667-2242

THE IDEA LIST:

SCAM presentation

Conversation event talking about the history of Lamoine.

Assemble a list of licensed, insured people who are available for small jobs I,e, mowing, snow shovel etc.

Lamoine Little Children /reading to small children

Re-run some of the previous Historical Society programs ex. Bar Harbor Fire

Safe Driving for seniors **Schedule for Feb. 28**

Cemetery Walk **Jo is contacting LHS**

Social lunches

Cribbage at The Grange

Well-being checks in our neighborhoods

Survey of residents of what is needed

Garden Share

Repeat walk at Whitcomb Woods **Scheduled Sunday April 21 rain date Sunday the 28<sup>th</sup> 1pm**

Walk at The State Park

Book Exchange (mini library)

Education regarding calling 911

Tai Chi in Lamoine

Poetry Walk (similar to story walk) at Whitcomb Woods.